



# ABILITIES

ENRICHMENT CENTER



A Day Program by Blossom Hill



# There is beauty in every life.



**Abilities Enrichment Center** opens up the Blossom Hill mission of love, care, and acceptance to a wider population needing day program services. We designed Abilities to offer nurturing opportunities to individuals across all levels of care, from those with the least to the greatest level of independence. Our facility has an on-site nurse to care for individuals with medical needs. We believe every individual can benefit from a variety of activities, and should be able to take part in them. Opportunities for experiences, peer and community interaction, enrichment ... and fun.



Every individual has potential, as defined by their own abilities. What we do is meet each individual where they are, accept them and love them for who they are, and tailor services and experiences to maximize the richness, joy, and fulfillment of their lives.

**- Blossom Hill President**

## A day program about life, not work.

There are many day programs where individuals can choose to work and receive pay. We are not a vocational rehabilitation based program. Abilities takes a different approach. Our goal is to offer opportunities for experiences that will enhance overall quality of life, whether providing an outlet for peer socialization, moments of interaction with the wider community, a oneness with nature in our greenhouse, or the pure joy of attending a baseball game. Each activity comes with a degree of choice, as individuals and/or their guardians have a meaningful say in how their Abilities experience and curriculum take shape. **We offer; individuals choose.**



## Abilities Enrichment Center



7080 Engle Road, Middleburg Heights, OH 44130

**Abilities Enrichment Center serves the entire community as well as individuals already using other Blossom Hill services. We offer opportunities for experiences to enhance overall quality of life, with individuals choosing their level of participation.**

## Individuals can choose from various experiences such as:



### Green House/ Gardening

*Our accessible greenhouse and therapeutic garden activities center, located a short trip away on our North Royalton property, is a space where individuals engage with nature and learn about gardening and growing plants and food. This activity builds skills and teamwork for shared responsibility of maintenance and upkeep of the greenhouse and gardens.*



### Sensory Room

*This therapeutic space is a place where individuals who are feeling anxious or stressed can separate from others and de-escalate. They will find a calm and safe environment to refocus, de-stress, and interact with their surroundings. It is an evidence-based approach to managing anxiety and stress, and promotes dignity by addressing the emotional needs of each individual when they are feeling overwhelmed by the hustle and bustle of activities.*



### Community Excursions

*Individuals will have ample opportunities to engage in enriching social and skill-building activities that reach into the wider community. Through partnerships with local recreational facilities, senior centers, businesses, and more, we've created a community-based model to help ensure that individuals connect with the people and places around them via organized programs.*



### Music Therapy

*Music is the language everyone understands. Individuals can listen to many styles of music – and even make their own on a variety of instruments and objects. Live performers soothe, delight, and inspire.*



### Arts & Crafts Center

*Self-expression, personal development, and practicing fine motor skills all derive from a robust arts and crafts program. Abilities Enrichment Center lets individuals take the lead on their own projects, overseen by an activities director, with compassionate assistance from a staff of caregivers.*



Abilities Enrichment Center is a day program designed and built by Blossom Hill, which has more than a half-century of loving care in Northeast Ohio. We cater to adults with developmental and intellectual disabilities, including those with medical needs. To that end, we have an on-staff nurse at the center daily. This isn't a requirement. To us, it is a very right choice and an area of differentiation.

Your support helps us to enrich the lives of individuals right here in our community.



To make a donation, scan the QR code above or use the enclosed donation envelope.



**YOU can help us  
nurture the beauty  
in every life ...**



Please consider making a donation to help  
Abilities Enrichment Center  
at Blossom Hill.



For more information, call 440-652-6749  
or visit [blossom-hill.org/abilities-enrichment-center](http://blossom-hill.org/abilities-enrichment-center)



## The Abilities difference:

- 🌱 Individuals guide and have ownership of their own experience.
- 🌱 Wide variety of activity options.
- 🌱 Sensory room therapeutic space.
- 🌱 On-staff nurse for individuals with medical needs.
- 🌱 A 50-year history of loving care.

## Be a part of our Abilities community:

### Make a Gift

Your generosity helps enrich the lives of individuals and maximizes the joy and fulfillment in their lives. Scan the QR code inside or use the enclosed donation envelope.

### Volunteer Your Time.

Visit our website [blossom-hill.org/volunteer](http://blossom-hill.org/volunteer) and complete a volunteer application.

### Take a tour.

See for yourself how special our four facilities are. Or take a virtual tour at [blossom-hill.org/take-a-virtual-tour](http://blossom-hill.org/take-a-virtual-tour).

### A Center for Everyone.

Abilities Enrichment Center is a day program designed and built by Blossom Hill, which has more than a half-century of loving care in Northeast Ohio. We cater to adults with developmental and intellectual disabilities, including those with medical needs. To that end, we have an on-staff nurse at the center daily. This isn't a requirement. To us, it is a very right choice and an area of differentiation.

