

Community Partnership Programming: Jacob's Ladder Special Needs Fitness.

- Jake D'Orazio with his father, special needs personal trainer Tony D'Orazio, provide coaching, encouragement, and education that helps motivate and support.
- The program serves individuals with special needs through regular exercise and fitness activities, fellowship, and healthy lifestyle education.
- Bring your own goals. However, all are encouraged and trained to become fitness leaders and examples to others in the community.



Jacob's Ladder is dedicated to improving the level of fitness and activity in the special needs community. Strong and fit individuals are able to accomplish more, have lower health care costs and live longer and more productive lives.