



## Community Partnership Programming: Rec2Connect, providing recreation therapy for people with disabilities.

- Rec2Connect is a non-profit organization providing inclusive recreational opportunities for people with special needs and their families.
- Designs customized physical activity programs that cater to the abilities and goals of each participant.
- These activities help improve overall fitness, balance, coordination, and gross motor skills.
- Recreational therapy activities are also designed to enhance cognitive skills like problem-solving, decision-making, and attention.



Rec2Connect's mission is to utilize fully inclusive recreation therapy programs to connect people with and without disabilities and their families to community recreation, wellness, and lifelong leisure skills.