



For Transition Coordinators: A Day Program for Medically Fragile Adults with IDD

A Meaningful Next Step Beyond High School



Abilities Enrichment Center is for adults (18+) with intellectual and developmental disabilities, especially those who are medically fragile. Transitioning from the structure of high school to adult life can be challenging for individuals and their families. We help ensure this next chapter is filled with opportunities for connection, joy, and personal choice, without compromising medical safety or individualized care.

Abilities Enrichment Center is designed specifically for:

- Medically fragile individuals (full-time nursing supervision provided)
- Adults age 18+ with intellectual and developmental disabilities
- Those who benefit from a non-employment-focused program emphasizing wellness, social connection, and meaningful recreation
- Participants directly following high school graduation or upon completion of district-based transition services

Safety and Support

We're one of the few programs in the region with full-time nursing supervision. We also have trained direct support staff that is experienced in working with medically fragile populations. Our custom, 25,000-square-foot center features adaptive equipment and accessible facilities.

A Collaborative Transition

We welcome the opportunity to work closely with transition teams, educators, and IEP coordinators to help ensure each student's transition to align with their interests, health needs, and post-secondary goals.

Contact us to:

- Schedule program tours and information sessions
- Refer students and families
- Coordinate intake and share IEP insights



Contact: Jessica Toivonen
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TRANSPORTATION AVAILABLE



www.blossom-hill.org/abilities-enrichment-center



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How can we help you?

Abilities Enrichment Center carries on the Blossom Hill tradition of working closely with Service and Support Administrators to help ensure that each individual receives the care and opportunities they need. We have a thorough intake process. Once a referred individual and his or her guardian choose Abilities, we can help facilitate completion of the necessary forms and documentation. **We want our experience to make your life easier.**

Just Some of the Experiences Abilities Enrichment Center Offers



Fully accessible space where individuals engage with nature and learn about gardening and growing plants and food. This activity builds skills and teamwork for shared responsibility of maintenance and upkeep of the greenhouse and gardens.



Therapeutic, interactive space where individuals who are feeling anxious or stressed can separate from others and de-escalate in a calm and safe environment. It is an evidence-based approach that promotes dignity by addressing the emotional needs of each individual when they are feeling overwhelmed.



We provide ample opportunities for individuals to engage in enriching social and skill-building activities that reach into the wider community. Through partnerships with local recreational facilities, senior centers, businesses, and more, we've created a community-based model to help ensure that Abilities individuals connect with the people and places around them via organized programs.



Music is the language everyone understands. Individuals can listen to many styles of music – and even make their own on a variety of instruments and objects. Live performers soothe, delight, and inspire.



Self-expression, personal development, and practicing fine motor skills all derive from a robust arts and crafts program. Abilities Enrichment Center lets individuals take the lead on their own projects, overseen by an activities director, with compassionate assistance from a staff of caregivers.



Jake D'Orazio with his father, special needs personal trainer Tony D'Orazio, provides coaching, encouragement, and education that helps motivate and support. Individuals participate in ability-appropriate exercise and fitness activities, fellowship, and healthy lifestyle education.



Provided by Rec2Connect, a non-profit organization that develops inclusive recreational opportunities for people with special needs and their families. Activities help improve overall fitness, balance, coordination, and gross motor skills.



Diverse and therapeutic, games for sensory stimulation, tactile exploration, fine motor skills, physical activity, hand-eye coordination, social interaction, problem-solving, cognitive stimulation ... and fun.



Sometimes, everyone needs to escape to the movies. Individuals also enhance social skills, enjoy educational content that introduces new concepts, and experience auditory and visual stimulation.